

1 | INTENDED USE

PREMAQUICK® is a rapid multiparameter test for the *in vitro* detection of IGFBP-1 (Insulin-like Growth Factor-Binding Protein 1), fragmented forms of IGFBP-1 and IL-6 (Interleukin 6) in vaginal secretions. PREMAQUICK® is intended for assessing the risk of imminent birth between 22 and 37 (+6 days) weeks of amenorrhea in women who present with threatened preterm labour (PTL). IGFBP-1 is a marker of cervical ripening. Its presence in vaginal secretions in the absence of ruptured membranes shows a significant lysis of the decidual cells of the cervix and a diffusion of amniotic fluid during contractions. The presence of fragmented forms of IGFBP-1 indicates a significant local proteolytic activity and fetal stress caused by contractions. The third marker, IL-6, is a marker of inflammation or infection of the amniotic cavity and the cervicovaginal area. By combining the biomarkers of myometrium activity, ripening of the cervix and inflammation/infection, PREMAQUICK® incorporates the principal pathogenic mechanisms for preterm labour, which allows us to predict or rule out the risk of labour within 7 to 14 days. This test is intended for *in vitro* diagnosis use exclusively by health professionals.

2 | INTRODUCTION

Each year, 15 million babies are born prematurely in the world. This leads to 1 million neonatal deaths (WHO, 2012). In 50% of cases, premature births are preceded by threatened preterm labour (PTL), pathology that is associated with cervical changes and regular, painful uterine contractions. However, only 20% of patients with threatened PTL give birth prematurely. It is therefore essential to accurately predict imminent birth in the presence of threatened PTL in order to consider therapeutic intervention (corticosteroids, tocolytics), hospitalisation, or for patients who really need it, being transferred to a specialised maternity hospital. Measuring transvaginal cervical length via the endovaginal route is the most commonly used method but its performance to predict labour within 7 days are limited (sensitivity 78.3% and specificity 71% at the threshold of 25 mm). What is more, foetal fibronectin - the most documented biomarker for preterm labour - shows a good negative predictive value but its positive predictive value remains limited (in the range of 15% to 48% to predict labour within 7-10 days).

3 | TEST PRINCIPLE

PREMAQUICK® is a rapid lateral flow test composed of three strips allowing the detection of native IGFBP-1 (IGFBP-1), total IGFBP-1 (native + fragmented, IGFBP-1 T) and IL-6. For the detection of native IGFBP-1, the test uses a pair of monoclonal antibodies directed against IGFBP-1. The first antibody, the capture antibody, is immobilised on the nitrocellulose membrane at the level of the test line (T). During the test, if the antigen is present in the patient sample it reacts with the monoclonal antibodies conjugated with gold particles, present in a non-visible part of the test. The complex thus formed migrates and interacts with the antibodies fixed in the test lines. Then a purple line appears. A similar principle is used to detect IL-6 with a pair of monoclonal anti-IL-6 antibodies. To detect total IGFBP-1, three monoclonal antibodies are used: a monoclonal antibody for capture and two conjugated antibodies, one directed against IGFBP-1 and the other directed against a specific portion of the N-terminal of the same protein.

4 | MATERIALS

Materials provided

- Test cassettes packed in individual pouch containing a desiccant.
- Vaginal swabs flocked with Sterile Nylon (CE 0123 or CE 0197).
- Dropper bottles with buffer.
- Instructions for use.
- Patient cards.

Materials required but not provided

- Stop watch with alarm.

5 | STORAGE AND STABILITY

PREMAQUICK® tests are wrapped in aluminium packaging with a desiccant. The tests should be stored in a dry place at a temperature between 2°C and 30°C.

This test is stable until the expiry date printed on the aluminium packaging. The cassette should be kept away from damp. The test must remain in its sealed pouch until use.

6 | PRECAUTIONS

- For *in vitro* diagnostic use only.
- For best results, carefully follow the procedure and the storage

instructions.

- Do not open the aluminium packaging until it is at room temperature to prevent condensation. Damp and high temperatures may affect results.
- Wear protective clothing, disposable gloves and protective glasses when handling potentially infectious materials and when performing the test.
- Patient samples and all other materials should be considered and treated as potentially infectious. Dispose of the different elements of the test and the samples according to the applicable procedures for potentially infectious waste.
- Avoid splatters and formation of aerosols. Clean all spilled liquid with an appropriate disinfectant.
- The tests, swabs and tubes are intended for single use. Do not reuse the cassettes, swabs or dilution tubes.
- Do not combine or mix up the reagents of kits or different batch numbers.
- Do not use a test if the aluminium packaging is opened or damaged.

7 | SPECIMEN COLLECTION AND HANDLING

The sample should be taken before any vaginal examination or endovaginal ultrasound with the sterile nylon swab that comes with the test.

The procedure is as follows:

- Remove the swab from its packaging.
- Use a speculum to introduce the swab into the vagina and collect the sample at the level of the posterior fornix by holding it against the vaginal wall for 15 seconds.
- Place the swab into the extraction tube immediately after taking the sample (see step #4 in the test procedure described below).

The tube can be kept for a maximum of 6 hours at room temperature or refrigerated at 4°C before performing the test.

8 | TEST PROCEDURE

1. Allow the complete kit and specimens to stabilize at room temperature (15°C-30°C) before performing the assay.
2. Open the foil pouch, remove the test cassette from its packaging and place it on a flat, horizontal surface.
3. Unscrew the black cap to open the dropper bottle and place it on a horizontal level surface.
4. Immerse the swab into the bottle and rotate for a dozen or so seconds. Press the sides of the tube to extract the most liquid possible from the swab. Next, remove the swab or break the end of it off in the bottle.
5. Close the bottle and shake. Open the upper part of the cap (transparent plug) to access the dropper. Hold the bottle vertically and add 3 drops of the diluted sample into the 3 sample wells of the cassette by applying slight pressure to the sides of the tube. Avoid adding air bubbles to the cassette sample well and tipping the liquid into the result reading window.
6. Start the timer. As the test progresses a reddish colour migration front appears and migrates along the membrane.
7. Read the result at 10 minutes. Strongly positive results may be visible earlier. Do not interpret after 15 minutes.
8. Dispose of the components of the test and the swab according to the procedure applicable to potentially infectious waste.

9 | RESULTS

The test is read visually.

The results are interpreted as negative, positive or invalid depending on the appearance of coloured lines in the procedure control area (C) and test areas (T) for the 3 parameters.

The presence of three control bands (C) in the result reading windows is necessary for the test to be valid.

The interpretation of the presence or absence of the test band T (even of weak intensity) for each parameter is written as a score:

- A score of 3 is attributed in presence of a (T) band for IGFBP-1 N;
- A score of 2 is attributed in presence of a (T) band for IGFBP-1;
- A score of 1 is attributed in presence of a (T) band for IL-6.

The absence of a test band (T) in all 3 result reading windows corresponds to a score of 0 for each of the 3 parameters.

The scores obtained for each parameter are then summed to determine the total score:

TOTAL SCORE						
0	1	2	3	4	5	6
Score ≤ 1 NEGATIVE TEST			Score ≥ 2 POSITIVE TEST			
Low probability of birth within 7-14 days			High probability of birth within 7-14 days			

INVALID TEST:

The absence of at least one control band (C) in the result reading window even in the presence of a (T) band invalidates the results of the test. Results from a test without the control line should not be taken into consideration. Review the procedure and repeat it with a new device. If the problem persists, contact your local distributor.

10 | QUALITY CONTROL

Internal controls:

A control line is used as an internal control of the test procedure, its appearance indicates that the sample volume used is sufficient and that the procedure was followed correctly.

External controls:

External controls are not supplied with this kit. Good laboratory practice recommends the use of external controls. It is recommended to check each new batch or shipment. Each laboratory should establish its own control planning.

11 | LIMITATIONS

- The results generated by this test are not to be used as a confirmatory diagnosis or a sole foundation to assessing the risk of imminent birth between 22 and 37 (+6 days) weeks of amenorrhea in women who present with threatened preterm labour.
- As for any diagnostic test, the test result must be correlated with information available from the clinical examination of the patient and other clinical diagnosis measures such as cervical examination, assessment of uterine activity, and evaluation of other risk factors.
- In the presence of a significant amount of blood in the vaginal secretion sample leading to a significant red coloring of the swab, a positive result should be interpreted with caution: vaginal bleeding may contaminate the collection swab resulting in false positive.
- Results should be interpreted with caution when a specimen is obtained from a patient with unconfirmed gestational age.
- This test should only be used in potential patients of preterm labor.
- The instructions for use must be followed exactly; failure to do so may lead to inaccurate results.
- The test results are qualitative and not quantitative. No quantitative assumption should be made based on the strength of the test or control lines.
- Invalid test results may occur if lubricants or antiseptics used by the patient. Use of disinfectants may cause false negative. Collection should be delayed 24 hours if lubricants, antiseptics or disinfectants were used during intercourse.
- Sperm or semen can create false results and should therefore be avoided.
- Specimens should be collected prior to cervical digital examinations to avoid any interference.

12 | PERFORMANCE

Analytical sensitivity:

- The detection limit of the test strip for native IGFBP-1 is 5 ng/mL of recombinant native IGFBP-1.
- The detection limit of the test strip for total IGFBP-1 is 10 ng/mL of recombinant native IGFBP-1 and 10 ng/mL of an N-terminal fragment of IGFBP-1.
- The detection limit of the test strip for IL-6 is 0.25 ng/mL of recombinant IL-6.

Clinical study:

A prospective multicentric study was conducted on 97 women who presented with threatened PTL. The PREMAQUICK® test was performed from vaginal secretions collected using a speculum before any vaginal exam.

The patients of the study were followed for 14 days after their admission and the performance of the PREMAQUICK® test for predicting labour within 2 / 7 / 14 days of the test were calculated.

The following results were obtained:

	≤ 2 days	≤ 7 days	≤ 14 days
Sensitivity	94.7% (74.0/-99.9)	93.5% (78.6/-99.2)	94.3% (80.8/-99.3)
Specificity	78.2% (67.4/-86.8)	90.9% (81.3/-96.6)	96.8% (88.8/-99.6)
Positive predictive value (PPV):	51.4% (34.0/-68.6)	82.9% (66.4/-93.4)	94.3% (80.8/-99.3)
Negative predictive value (NPV):	98.4% (91.3/-99.9)	96.8% (88.8/-99.6)	96.8% (88.8/-99.6)

Furthermore, the probability of labour within 2 / 7 / 14 days in case of a triple positive (score = 6) is 66.7% / 95.8% / 95.8% while the probability of no labour within 2 / 7 / 14 days in case of a triple negative (score = 0) is 100% / 98% / 98%.

13 | LITERATURE

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SYMBOLS

	Attention, see instruction for use		Tests per kit		Catalog number
	For in vitro diagnostic use only		Store between 2-30°C		Do not reuse
	Do not use if package is damaged		Lot number		Expiry
	Manufacturer		Buffer		

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